

# Why Everything Is Slowing—And What to Expect As the Cycles Collide

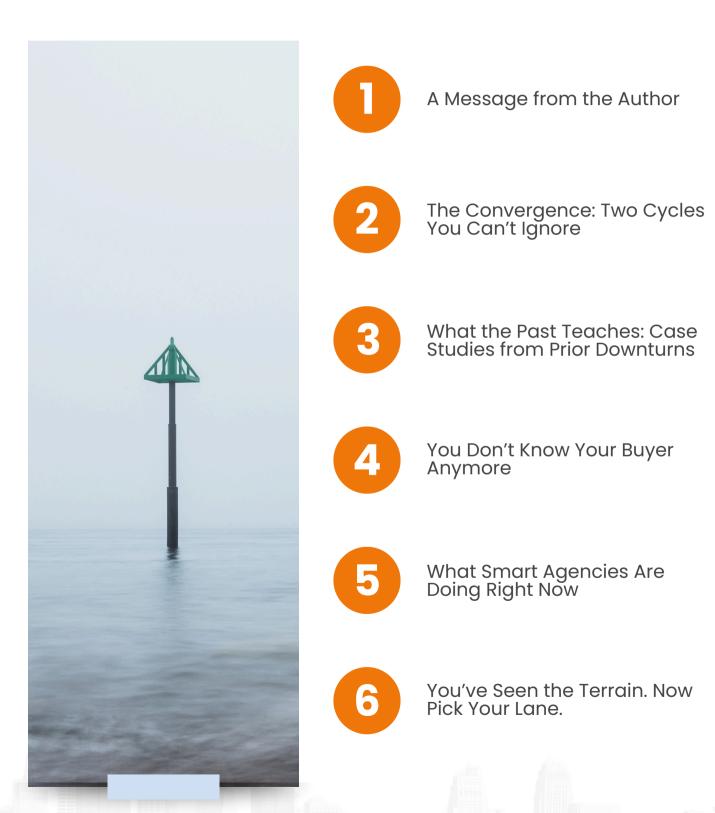
A Strategic Briefing for Agency Founders Navigating Systemic Contraction

By: Jeff Pugel April 2025





## **Table of Contents**





### A Message from the Author



This market briefing wasn't created to diagnose your agency. It was built to decode what's happening to all of us—and what to do about it.

The pipeline's slower. Prospects are hesitating. Referral volume isn't what it was. Your instincts say, "Something's changed."

You're right. It has.

The uncomfortable truth? **What you're experiencing isn't a slump. It's not a fluke.** It's not about you "losing your touch."

It's the system. The tide. The cycle.

And it's moving whether you're ready or not.

I've been here before. At agencies during 9/11 and the 2008 crash. I've seen the exact same shift you're now facing:

- I watched a client increase spend by just 25% during the post-9/11 freeze, while everyone else pulled back. When things normalized, they emerged the leader in their space. That agency? Right along with them.
- I watched a 26-year-old agency vanish. They lost their largest client just before the 2008 crash. Tried to sell. Deal fell apart when the bank tightened credit. And just like that, decades of work disappeared.

#### Different years. Different conditions. But the same underlying pattern.

One played offense, anchored in relevance, and emerged stronger. The other waited, hoped, and was erased.

In moments like these, **strategy isn't optional—it's survival.** 

Same market. Same timing. Different strategy. Different outcomes.

This document isn't about tactics. It's about seeing the map clearly—before it gets darker.

Because yes—these are challenging times. And yes—marketing often gets cut first and returns last.

But the money hasn't vanished. The budgets are still there. They've just moved behind different doors, guarded by different fears.

My job here is to show you how to find those doors. Not with hype. Not with gimmicks. But with a framework grounded in patterns, cycles, and real strategy.

Let's get to work.



# THE CONVERGENCE: Two Cycles You Can't Ignore

Before we dive into the mechanics of what's happening, we need to step back. The slowdown you're experiencing isn't just circumstantial. It's the visible edge of two powerful, historic cycles moving underneath everything: economic and generational.

These aren't isolated trends. They're intertwined forces that have reshaped societies, economies, and institutions—again and again throughout history. Once you see the patterns, you can stop reacting to headlines and start reading the terrain with clarity.

What you're feeling isn't imaginary. It's not a fluke. It's the culmination of two independent—but deeply interwoven—macro cycles that govern markets, institutions, and buyer behavior.

These cycles aren't conspiracy theories or economic folklore. They're patterns as predictable as tides. And they tell us that what's happening now has happened before—and will happen again.

This is how history repeats itself: not in identical events, but in rhyming patterns. Understanding those patterns is what separates those who endure from those who vanish.

#### 1. The Fourth Turning (Societal Cycle — ~80-100 Years)

The Fourth Turning is a generational model developed by William Strauss and Neil Howe. It suggests every society rotates through four eras—High, Awakening, Unraveling, and Crisis. Each lasts 20–25 years. The final era, Crisis, is when the old system collapses and a new one is born.

This is where we are now. The previous Crisis? The Great Depression and WWII. Before that? The Civil War. And before that? The American Revolution. The Glorious Revloution, The Armada Crisis, The War of the Roses. Roughly something big every 80-ish years.

The current Fourth Turning began in 2008 with the financial collapse. And by every historical precedent, we are now entering the climax—2025 to 2030.

During a Crisis era, trust in institutions craters. People behave more emotionally. Decisions are driven by fear and survival. You see it on the news. You feel it in your pipeline.



#### 2. The Foldvary 18.6-Year Economic Cycle

Economist Fred Foldvary identified a second pattern—this one economic. Every 18.6 years, the real estate market peaks, speculation surges, credit tightens, and a recession follows. He predicted the 2008 crash in writing—in 1997. And if the pattern holds, 2025 is the next peak. Right on time.

The economic expansion from 2010 to 2023 was built on cheap money, inflated valuations, and debt-fueled growth. That era is over.

We are now in a market governed by risk aversion and balance sheet scrutiny—not optimism and ambition.

These two cycles converging—societal and financial—mean the slowdown you're experiencing is **not anecdotal. It's structural.** 

But understanding the cause is only half the battle. What matters now is how you respond. And to do that, we need to shift from theory into real-world implications. We need to look at how similar patterns have played out before, what winners and losers looked like during those downturns, how buyer behavior mutates in pressure-filled cycles, and what you, as an agency operator, must recalibrate to stay relevant and win.

This Has Happened Before. Agencies Who Moved Early Survived. The Rest Disappeared.

During the last Fourth Turning—the 1930s through the post-WWII reset—agencies faced the same cliff edge you're seeing now.

- Budgets slashed
- Media models collapsing
- Clients freezing spend or demanding new value

And just like today, some founders assumed it was a blip. But others recognized it as a moment to reposition, retool, and **claim territory** while everyone else paused.

**Leo Burnett** opened his agency in 1935—at the height of the Depression. He didn't offer cheaper services. He created a different philosophy: storytelling that connected emotionally. That signal cut through the fog—and built one of the most iconic agencies of the century.

Meanwhile...

**Agencies like JWT, BBDO, and Young & Rubicam** bet on radio, then TV—before their clients asked for it. They didn't react, they anticipated. And that anticipation gave them dominance across the next two economic cycles

But not everyone made it.



**Lord & Thomas**—once the largest agency in America—dissolved in 1942. Not because of bankruptcy. Because it had no reason to exist anymore. Its founder retired. Its positioning went stale. And instead of pivoting or passing the baton, it simply faded out.

#### The Lesson Is Clear

Agencies don't die from a lack of capability. They die from a lack of clarity.

- The world changes
- The buyer evolves
- o And if your signal doesn't adapt, you stop being heard

This is that moment.

Same pattern. Different medium.

Same stakes.

#### Field Flashpoints – What's Happening Right Now

Smart founders aren't waiting for the official data. They're seeing the cracks already:

- Referrals are drying up or downshifting in deal size
- Outbound campaigns that used to convert now stall at "maybe"
- Prospects are ghosting after what felt like strong first calls
- Pipeline movement has slowed—even for agencies with solid track records
- Big brands are ghosting because their legal, procurement, and finance teams are jammed

These aren't signs of a bad agency.
These are signs of a buyer shift—and a signal crisis.



## WHAT THE PAST TEACHES: Case Studies from Prior Downturns

#### **CASE STUDY: The Slow Disintegration of Cliff Freeman & Partners**

Type: NYC Creative Boutique | Founded 1987 | 60+ Staff at Peak

Known For: Iconic campaigns like "Where's the Beef?" and "Pizza! Pizza!"

Outcome: Closed in 2009 after 22 years in business

#### **Background:**

Cliff Freeman & Partners was once one of the most respected creative shops in New York. Its founder, Cliff Freeman, brought punchy, viral-before-viral-was-a-thing energy to the agency world. Through the '90s, they were on fire—building memorable TV work and picking up awards.

But they never evolved.

#### By the 2000s:

The dot-com bust chipped away at their client roster.

Digital capabilities? Barely present.

Top talent? Poached by rivals or spun out to start competitors.

Account leadership? Criticized internally for weak relationship management.

In 2005, they tried to fix it—bringing in an industry veteran CEO to pivot the agency toward integrated campaigns. But the turnaround didn't stick. By 2008, he was gone.

**Heading into the 2007/2008 Recession:** They were exposed. Down to a handful of clients. One major client—Baskin-Robbins—made up the bulk of their revenue. When that account moved, it wasn't just a bad quarter.

It was the end.



The Great Recession didn't cause their collapse. It revealed what was already broken.

#### Why They Died:

- No pivot to digital: When clients moved budgets online, they had no modern offer.
- Client concentration: One major client controlled their fate.
- Leadership fragility: No succession bench. No stabilizing force.
- No strategic glue: Clients left because they could—there was no reason to stay.
- o Too late to evolve: By the time they tried, the market had already moved on.

Cliff Freeman & Partners didn't get killed by the economy. They got exposed by it.

In a world where clients wanted agility, proof, and adaptability, they offered nostalgia and a prayer.

Lesson: If your model is brittle in good times, you won't survive the bad.

#### CASE STUDY: How AKQA Gained Ground While Others Pulled Back

**Type:** Digital Strategy + Innovation Firm | Founded 1994 | Global Offices **Known For:** Early digital pioneers. UX, e-commerce, data-driven design. **Outcome:** Thrived through the 2008–2009 recession and emerged stronger.

#### **Background:**

While Cliff Freeman & Partners anchored in TV and creative legacy, AKQA built early around what was coming—digital platforms, customer experience, and performance marketing. They were an agency designed not for awards, but for adaptation.

By the time the 2008 crisis hit, AKQA had already shifted core focus to metrics, usability, and digital transformation—words that were buzz at the time, but real capability inside their teams.

#### **During the Recession:**

- They leaned into digital demand as clients cut traditional media.
- Focused on measurable performance and return—not sizzle.
- Took on "fix and simplify" projects that felt safe to nervous brands.
- Delivered trust, clarity, and control—exactly what buyers wanted when budgets were scrutinized.

While others waited for the storm to pass, AKQA used it as cover to grow.



#### **Key Moves:**

- Tied services to outcomes that mattered now: efficiency, user clarity, retention.
- Made themselves indispensable to operational leadership—not just marketing.
- Didn't market "creative"—they marketed competence in chaos.

By 2010, while many traditional agencies were still trying to claw back business, AKQA had increased revenue, expanded footprint, and cemented a reputation as future-facing and resilient.

Lesson: They didn't pivot after the storm. They were already built for it.

They weren't playing defense. They were playing the next cycle.



## You Don't Know Your Buyer Anymore

You think you know your client. You've studied their persona. You've mapped the buying process. You've had dozens of calls. But that was before the contraction.

What happens when the budget gets reviewed by a committee of five instead of one? When someone's job is now tied to making the "safe" decision—not the best one? When every purchase has to be justified in writing, sometimes twice?

Your buyer hasn't disappeared. But they've changed. What used to be a clear yes is now a nervous maybe. Not because they don't believe in the value. But because the risk of looking foolish now outweighs the reward of looking innovative.

#### Here's what shifts in a contraction economy:

- Risk tolerance collapses. No one wants to be the one who made a "bad call."
- **Decision cycles extend.** Everyone wants consensus—and no one wants ownership.
- Silence isn't disinterest—it's self-protection. Delaying is safer than acting.
- Trust is recalibrated. New = dangerous. Vetted = valuable.

You can't keep selling to who they were. You must re-learn who they've become. That means updating your Ideal Client Profile—not just in size or industry, but in internal emotional drivers:

- What are they afraid of this quarter?
- Who do they need to impress or shield?
- What does "looking smart" mean now?

You don't win this buyer with ambition. You win them with protection. That's the frame. That's the funnel.

You are no longer selling growth. You are selling cover.



## What Smart Agencies Are Doing Right Now

The difference between the agencies that shrink and the ones that solidify? Actionable adaptation.

Not panic. Not pivot theater. Real, calm adjustments.

#### 1. Anchoring in Clarity

Your buyer is confused, overworked, and scared. Don't make them think. Make it obvious. Tactical examples:

- Rewrite your homepage H1 to reflect urgent pain ("We help SaaS firms retain revenue during market contractions.")
- Adjust your offer language to emphasize control and confidence—not scale.
- Swap case study titles from "10x growth" to "Stabilized retention through volatility."

Clarity doesn't mean dumbing down. It means removing ambiguity. Buyers don't connect dots anymore. You have to draw the picture.

#### 2. Building a Resilient Acquisition System

Referrals slow because people are cautious. Inbound slows because budgets freeze. Smart agencies don't wait—they go find.

A resilient system includes:

- Trigger-led prospecting: Reach out when your buyer's world moves—new hire, product launch, earnings miss.
- Insight-first messaging: Start conversations with ideas, not asks. Lead with something they haven't thought of.
- Calm sequencing: Follow-ups that show awareness, not desperation. Give them reasons to trust—slowly, steadily.

This isn't "spray and pray." This is surgical. Intentional. And necessary.



#### 3. Matching Mood, Not Just Market

You can't "rah rah" your way through a recession. Buyers aren't dreaming—they're defending. And if your tone doesn't match their reality, you sound disconnected at best—and dangerous at worst.

#### Realignment checklist:

- Do your subject lines signal urgency—or ease?
- Does your offer speak to protection—or production?
- Is your call-to-action about security—or scale?

#### **Examples that hit:**

- o "We help you keep pipeline active without hiring."
- o "Protect your team from burn-out while maintaining output."
- "Reduce churn without overloading your CS team."

When you match their mood, you earn trust. When you ignore it, you get ghosted.

## In a downturn, tone is strategy. Get it right, and you become the advisor they lean on when everyone else is yelling.

#### What Separates the Positioned from the Scrambling?

The agencies who grow through this aren't guessing.

They're anchored in **The Positioning-First Growth Model**—a system that:

- Makes your expertise obvious before the first call
- o Filters out price shoppers before they eat your calendar
- Pulls trust forward—so you don't chase, discount, or oversell

In short?

They don't sell harder. They signal stronger.



### You've Seen the Terrain. Now Pick Your Lane.

This market report wasn't written for mass appeal.

It was built for the few who feel the shift before the news catches up. The ones not looking for tactics—but orientation. Not volume—but signal.

If you've read this far, you already know:

- The slowdown isn't a slump.
- o It's a cycle. A pattern. A reset.
- And resets don't reward the loudest.
- They reward the most positioned.

And you also already know:

- You can't control the market.
- But you can control your posture in it.
- It isn't about being early or clever—it's about being ready.

So here's the choice:

#### Keep grinding on what used to work, hoping for different results— Or reposition now, and lead when the fog clears.

Some will nod-and wait.

But others will move. Quietly. Intentionally.

If that's you—then we were expecting you.

Now claim your space. And go lead.



### **About Jeff Pugel**

Jeff isn't another outbound consultant with a funnel to sell. He's a battle-tested strategist with over 25 years inside real agencies, where he's sold ideas, built trust, and launched technologies the market had never seen before.

From boutique shops in Denver to Madison Avenue giants, Jeff led growth across accounts like American Express, AT&T Wireless, Intel, and Advil.

He's worked inside:

- Mindshare (American Express)
- Mediaedge:CIA (Advil, AT&T Wireless)
- MPG (Intel, MCI, esurance)
- McClain Finlon (Dell, Qwest)

And half a dozen other top-tier firms

He's not guessing how agencies work—he's lived it.

Jeff built Ignition to help founders escape the burnout of founder-led sales, not with hacks, but with positioning-first systems rooted in real strategy. Every client gets a roadmap. No guesswork. No "just try this" advice.

Why does his model work when others don't?

Because Jeff starts where others skip:

- Research: Who's the real buyer—and what do they fear?
- **Strategy:** What signal earns trust before the first call?
- **Execution:** Only when the foundation's in place.

This field guide reflects what Jeff has learned through booms, busts, black swans, and boardroom battles: You don't scale by selling harder. You scale by becoming impossible to ignore.

**Most will file this away.** A few will act before the next wave hits. If you're one of them, email me: jeff@igntion.llc

We'll unpack where your positioning's bleeding trust—and how to fix it.

